



Whitney's legacy helps families through the big moments

Whitney Victoria Barham was vibrant and warm. She was a friend to anyone. She was fun to be around and her sister, Kelsey, and mom, Caroline, adored her. She had the kind of spirit that could brighten a room immediately.



The day Whitney was born, her mom Caroline's life changed. Two and a half years later it changed again when their family welcomed Kelsey. And, in the blink of an eye it changed again - when they lost Whitney at the age of 20 years old.

But it's those moments that inspire Caroline and Kelsey Barham to help others in Whitney's memory.

"We define life by the big moment," explains Caroline.

"Before we got married, when we had kids, or in our case, before and after Whitney's passing.

It's the issues of health with our family, our friends or ourselves that really sideswipe us, as was the case with Whitney's death – it really sideswiped us.

If you don't have good health, you don't really have anything. You don't have a basis to grow from."

For Caroline and Kelsey, thinking of families facing their own crisis; going through their own big moments of having a child and facing the sudden challenges that find them relying on the highly specialized care of the neonatal intensive care team, was something they could easily relate to.

“Whitney was the type of person that valued when people told her what needed to be done and jumped in with both feet to help.”

Touring the unit at Foothills Medical Centre, it was clear to Kelsey how much need there was for more space and equipment, but there was also so much joy and hope.

Whitney was the type of person that valued when people told her what needed to be done and jumped in with both feet to help.

Caroline and Kelsey knew that the neonatal intensive care unit (NICU) and the work of the Southern Alberta Neonatal Transport team would be something that Whitney would have loved and could have impacted Whitney’s life should she be here today. “When you have something critical happen in your family, you are so shocked and paralyzed that you can’t think of anything else.

But, knowing that you have the best possible healthcare and care providers working for you and for your baby, that



will not only just your life but all the generations going forward that all your baby’s life will impact. “

Whitney had a passion for helping people around the world – particularly kids. She worked for Operation Christmas Child in Mexico and at an orphanage in high school. She later became the President of Model UN at the University of Lethbridge and taught critical and innovative thinking in Trinidad and Tobago and inner city schools in England.

Her family knew that Whitney had a philanthropic destiny. But the investment they’ve made goes beyond Whitney’s legacy, and is a chance to make an impact on many families’ life-defining moments when they face critical and unfamiliar circumstances.



“We were blessed to have Whitney in our life for 20 years. When she gave a hug, she gave it extra long and extra hard. In these moments, that’s when Whitney is with us.”

What is the Southern Alberta Neonatal Transport Team?

- The Southern Alberta Neonatal Transport (SANTS) team is the first to respond when a newborn is born outside of Calgary's hospitals and requires critical intervention by a highly specialized team using whatever transport means is necessary.
- They support clinicians delivering babies born premature or in critical condition from just south of Edmonton to the US boarder and into the interior of British Columbia and Saskatchewan. These first few seconds and minutes can be critical and because of donor support the SANTS team uses digital technology to guide care providers through every step until they arrive.
- The SANTS team is based at Foothills Medical Centre, where the neonatal intensive care team is able to provide the most critical intervention necessary for newborns born as early as 26 weeks and weighing less than 500grams.
- 1,100 newborns are cared for by the Southern Alberta Transport Team every year to ensure they can receive the life-saving care they need by a highly specialized neonatal intensive care team.

More than 3,300 families each year find their lives critically and unexpectedly changed by the NICU.

Addressing our biggest needs: Newborns Need

- 1 in 8 newborns in Southern Alberta need the care of the neonatal intensive care unit (NICU). That's more than 3,300 families each year who find their lives critically and unexpectedly changed.
- We are committed to raise \$66M as part of the Newborns Need campaign to develop a new NICU at Foothills Medical Centre that will, not only meet the growing demands of today, but house the best care and research teams informing the future of neonatal and maternal care. Newborns Need donors are investing in care, wellness and research to ensure a 360 degree approach to ensuring families in Southern Alberta have better outcomes for healthier families.

You can join Caroline and Kelsey in supporting areas of greatest need in our healthcare system. Pledge your commitment to helping change the statistics for Calgary's families.